# **April 2024**

# **Elementary School Lunch**

### Monday

**Smile Day!** Emoii Chicken Nuggets W/ **Baked Potato Smiles Buttery Corn** Fruit Cup, Fat Free Milk ALTERNATE ENTRÉE

Bagel & Yogurt Meal

Creamy Mac-N-Cheese W/ WG Roll **Ranch Roasted Broccoli Fruit Cocktail Fat Free Milk** ALTERNATE ENTRÉE **Bagel & Yogurt Meal** 

> 15 **Spring Vacation**

No School

Popcorn Chicken Mashed Potatoes **Buttery Corn Mixed Fruit Cocktail Fat Free Milk** ALTERNATE ENTRÉE **Bagel & Yogurt Meal** 

Chicken Tenders **Smile Fries Seasoned Carrots Apple Sauce Fat Free Milk** 

**ALTERNATE ENTRÉE** Bagel & Yogurt Meal

# Tuesday

Sloppy Joe on a WG Bun. Sweet Potato Fries, Baked **Beans, Apple Slices** Fat Free Milk **ALTERNATE ENTRÉE** 

**Grilled Cheese** 

Beef Tacos W/ Crispy Hard Shell Tortill Lettuce, Tomato, cheese, Salsa, Side of Cowboy Corn Salad, Pear Cup **Fat Free Milk** 

**ALTERNATE ENTRÉE Grilled Cheese** 

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Grilled BBQ Chicken Breast WG Roll W/ Lettuce & Tomato, Smile Fries, **Honey Dill Carrots Apple Slices** ALTERNATE ENTRÉE

**Grilled Cheese** Creamy

Chicken Alfredo **Over WG Pasta** Roasted Broccoli, WG Roll, Mixed Fruit Cup, **Fat Free Milk** ALTERNATE ENTRÉE

**Grilled Cheese** 

### Wednesday

Tater Tot Nachos W/Beef & Cheese Sauce, Tomatoes, Lettuce, & Salsa, **Over WG Tater Tots, Corn Oranges, Fat Free Milk** ALTERNATE ENTRÉE **Bagel & Yogurt Meal** 

Breakfast for Lunch Fluffy Scrambled Egg French toast Sticks W/ Syrup, Hash Brown Rounds Cucumber Coins, Raisins, **Fat Free Milk** ALTERNATE ENTRÉE **Bagel & Yogurt Meal** 

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Rotini Pasta W/ **Meat Sauce** 

Fresh Garden Salad **Peach Cup Fat Free Milk** ALTERNATE ENTRÉE **Bagel & Yogurt Meal**  Thursday

**Orange Chicken** W/ Brown Rice. **Steamed Broccoli Pineapple Cups Fat Free Milk ALTERNATE ENTRÉE Grilled Cheese** 

Chicken Patty On WG Roll W/ Lettuce & Tomato, **Sweet Potato Fries, Baked Beans, Grapes** Fat Free Milk ALTERNATE ENTRÉE **Grilled Cheese** 

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Hot Dog on a WG Bun. Sweet Potato Tots, Baked **Beans, Oranges Fat Free Milk** ALTERNATE ENTRÉE

**Bagel & Yogurt Meal** 

# Friday

**Stuffed Crust** Pizza Mixed Garden Salad W/ Spinach & Tomatoes **Assorted Fresh Fruit Fat Free Milk** ALTERNATE ENTRÉE Sun butter & Jelly

Cheesy Pizza Bites W/ Marinara Sauce Fresh Garden Salad **Assorted Fresh Fruit Fat Free Milk** ALTERNATE ENTRÉE Sun butter & Jelly

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**Max Cheesy** WG Pizza Dippers W/ Marinara Sauce, Fresh **Red & Green Pepper** Strips W/Dip, Pears, **Fat Free Milk ALTERNATE ENTRÉE** Sun Butter & Jelly

What Makes a Lunch? Select 3-5 Components PROTEIN One must be a OR **FRUIT** VEGGIE

Students MUST take AT LEAST 3 out of 5 meal components to be considered a complete meal. A 1/2 cup Fruit or 1/2 cup vegetable is MANDATORY W/ a meal. The 5 components to choose from are: Meat/Meat Alternate, Grain,

Milk is FREE W/ a School Meal. Purchased separately Milk is \$ .60.

Milk, Fruit, and Vegetable.

**Great News!** As Participants in the **Community Eligibility Provision All Elementary School Students receive Breakfast & Lunch for FREE!** 

Menus as well as other Food service information, including our Non-Discrimination Statement, are Available on line:

www.lpsma.net/department/foodservice Food service director: Barry Sbordy

Alternate/ Vegetarian meals include: Fruit, Vegetable, Non-fat milk Menus are subject to change Without notice.

WG = Whole Grain Chicken Entrees raised with No Antibiotics Ever, No MSG and No Trans Fats. This institution is an equal Opportunity provider.

#### **Did You Know?**

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.